



# ROTARY CLUB of CLAYTON Inc.

District 9810 Victoria, Australia

## Weekly Bulletin 2010-2011

Meets every Monday from 6:30pm at L'unico Restaurant  
319 Clayton Road, Clayton (Melways 79C2)  
(No meeting on public holidays)



11<sup>th</sup> April 2011

Volume 45, Number 34

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### Upcoming Club Program

Date	Speaker	Chairperson	Desk	Visitors
11 <sup>th</sup> April	Conference Feedback – John & Gaye Barnes.	John Drosis	Warren Fricke	John Goldspink
18 <sup>th</sup> April	Committee Meetings / Club Assembly	Warren Fricke	John Goldspink	Reddy Kandadi
2 <sup>nd</sup> May	TBA	John Goldspink	Reddy Kandadi	Bronwen Lamond

### Presidents Report

I am just back home from a wonderful weekend of fellowship, information and hearing many entertaining speakers at the District 9810 Rotary Conference held in Adelaide. The first thing I saw was a slide sequence that was a preamble to the conference opening which almost seemed a Clayton benefit so much of what we have done through the years was depicted. The conference was well planned and worth going. I found the speakers easy to listen to and passionate about their subjects, no self praise and were very informative. Most sessions seemed to be full, I think that says much for the choice of programmes and interest in them.

Our club received the first award at the conference, the Bulletin Award and our web site was one of 5 finalists too but Glen Waverly won that. Michael must be congratulated for his hard work but we must not forget those members who help him by providing data. Print outs from our web site were posted for all to see and again it was very obvious during discussions later that many keep up with what we are doing and read our bulletins cover to cover. It sort of gives you a warm fuzzy feeling inside to know that so many people are that interested in what we are doing and think that it is good.

John Barnes will be reporting on the conference at the meeting on Monday, so I won't steal his thunder here but I can say this much, we are holding rooms for the next conference which is over a Friday night, Saturday and Sunday at the new Melbourne Convention Centre in Docklands. What excuse can there be for not coming? While near home, living in has special attractions and allows you to indulge a little more so consider it.

Back to business now, we have the Farmer's Market coming up again and this time it is being held on Easter Saturday. I know that many members helping

## Rotary Four Way Test

"Of the things we think, say or do:

1. Is it the Truth?
2. Is it Fair to all concerned?
3. Will it build goodwill and better friendships?
4. Will it be beneficial to all concerned?"

prior will be away but we still want to man our stall. If you can manage a turn on April 23, it will be deeply appreciated. We will be going around and asking!

Bill Sides

## Last Meeting & Notes

### Last Meeting (04/04):

This week our guest speakers were Associated Professor Dr Sarah Hope & Anne Mennen from MonashHeart.

Associate Professor Sarah Hope graduated from the University of Edinburgh and trained in paediatric cardiology both in the UK and in Australia. She achieved level 3 cardiac CT training at MonashHeart where she has extensive experience in cardiac CT for congenital heart disease. Sarah is Head of Paediatric Cardiology Services, MonashHeart, and practices as a paediatric cardiologist and CT cardiologist.

Anne Mennen is currently the operations manager for MonashHeart, her background is that of cardiac care and cardiothoracic nursing. With post graduate qualifications in cardiac care, critical care and business management, she continues to enjoy the challenges of improving and expanding MonashHeart services across Southern Health.

MonashHeart is Southern Health's centre for excellence in cardiac care. With an



Australian dying every 10 minutes from cardiovascular disease MonashHeart's expert cardiology services are vital to our community. MonashHeart is the only cardiac service in Victoria and Tasmania to treat patients of all ages: from pre birth through to senior citizens.

MonashHeart is Victoria's largest provider of acute cardiac services, treating more heart attack patients than any other service.

MonashHeart is the luminary site for the Aquilion One 320-slice CT scanner, the first and only such scanner in the southern hemisphere and in the first year of operation is one of the busiest in the world, scanning over 900 patients with coronary artery and cardiac structural disease. Using the scanner new models of care have been developed which vastly improve diagnosis, cut waiting times and reduce need for invasive procedures.

Each year MonashHeart treat over 5,700 patients with heart problems in their cardiac units, including patients from Melbourne's south-east, Gippsland, interstate and overseas.

MonashHeart has pioneered many advanced cardiac catheterisation laboratory procedures to reduce deaths and improve quality of life and has been invited to transmit these innovative procedures live via satellite to prestigious cardiology conferences around the world.

MonashHeart is an internationally recognised leader in cardiovascular research, undertaking 'first in man' clinical studies and world class research.

## THE OBJECT OF ROTARY

1. The development of acquaintance as an opportunity for service;
2. High ethical standards in business and professions; the recognition of the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society;
3. The application of the ideal of service in each Rotarian's personal, business, and community life;
4. The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

They provide the full range of adult and paediatric cardiac services including ECG, blood pressure, loop event and holter monitoring, exercise stress testing, cardiac device clinics, echocardiography, cardiac CT, private cardiologist consultation, interventional and cardiac rhythm services.



Access to these services is available through

- MonashHeart Clayton at Monash Medical Centre Clayton
- MonashHeart Casey at Casey Hospital
- MonashHeart Dandenong at Dandenong Hospital

At the end of Sarah's presentation the club through Glenys Pattison presented MonashHeart a new TV & DVD Player for the children to use in the Paediatric Echo Room at MonashHeart Clayton.

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### Meeting Notes:

- Jon Breisch informed the club that the Annual Changeover this year will be on the 27<sup>th</sup> June at Hemisphere. Time is 6:30 for a 7:00 pm start. More details to follow.
- Bill Sides reported that 6 Rotarians from our club will be going to the conference this week.
- Glenys Pattison gave an update on the cluster meeting for the GSE Welcome Dinner and provided some history on the background to GSE. See last weeks bulletin for all the notes.
- Bill Sides informed the club that next week we will be voting on the amendments to the Rotary Constitution and Club By-Laws. Copy of the amendments has been E-mailed to all club members.
- Bill Sides gave a reminder that District Assembly will be on the 7<sup>th</sup> May at the Hemisphere Conference Centre in Moorabbin. (See all the details in this week's bulletin). Please take note that this is a Saturday and not Sunday.
- Katherine Merson & Dianne Sides gave a report on last weeks Monash Farmers market. Again it was reported that market was very quite and sales were down, but the teamwork & fellowship was great. The next market will be on the 23<sup>rd</sup> April which is right in the middle of Easter (At this stage the date is still correct). Katherine will be sending out an e-mail shortly looking for volunteers to help out.
- Kate Cavanagh & Clare Trudy gave a Monash Rotaract report detailing what the club has been involved in over the last few months and what is coming up. They also informed us that there will be a Trivia Night in August and the money raised will be shared between Ronald McDonald House & MonashHeart. Kate is also the Incoming Rotaract President for 2011-2012.

**Apologies** = John Goldspink, John Drosis, Michael Ellinger, Warren Fricke, Craig Merson, Tom Portelli & Lesley Zuccaro.

**Make Ups** = Jim & Jean Cochrane (Foodbank).

**Leave of Absence** = None.

**Visitors** = Associated Professor Dr Sarah Hope & Anne Mennen (MonashHeart).  
Kate Cavanagh & Clare Trudy (Monash Rotaract).

## Special Announcements

**15<sup>th</sup> April – Tom & Angela Portelli Wedding Anniversary.**

**27<sup>th</sup> April – John & Gaye Barnes Wedding Anniversary.**

**29<sup>th</sup> April – Jon & Phuong Breisch Wedding Anniversary.**

**30<sup>th</sup> April – Deb Simmons Birthday.**

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## Think Foundation Thoughts

### April: Magazine Month

*This week's Foundation Thought is about ...*

**Rotary Peace Fellows.** Former Rotary Peace Fellow Arik Gutler-Ofir, who studied at the University of Queensland, Australia, organized a War, Peace, and Social Justice Festival in Israel. Half of the plays were in Arabic, half in Hebrew. One of Gutler-Ofir's hopes is that audience members came away knowing they shared concerns other than conflict. About 700 people attended the festival, which showcased nine plays over five days.

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## Important Club Dates

**Sunday 17/04/11** – Rotary Club of Clayton 46<sup>th</sup> Birthday.

**Thursday 21/04/11** – 90<sup>th</sup> Anniversary of Rotary in Australia.

**Saturday 23/04/11** – Monash Farmers Market. See Craig or Katherine Merson for details and if you wish to be put on the roster.

**Sunday 07/05/11** – Annual District Assembly at Hemisphere.

**Monday 27/06/11** – Annual Changeover at Hemisphere. (Full details TBA)

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## District 9810 News

### Malaria Awareness Day—30 April 2011—Dinner & Fundraiser. Microscopy for Malaria—Timor-Leste

**Malaria** is the world's most preventable infectious disease. Every year, 3 million people become ill with Malaria and 1 million people die. Malaria affects women and children under 5 in many of the countries close to Australia, such as Timor-Leste (East Timor), Papua New Guinea and many areas in Asia.

Rotarians Against Malaria is a group working to eradicate Malaria in our near neighbours. The team has developed a project to provide microscopes and training needed for the people of Timor-Leste. Microscopes will enable rapid diagnosis and treatment of Malaria and potentially save many thousands of lives every year. You can help this vital project!

#### **Come to the MAD dinner 2011!**

**When:** 30 April at 7:30pm

**Where:** Salute, Bentleigh RSL, Centre Road, Bentleigh

**Price:** \$50pp incl three-course dinner plus delicious chocolates, tea & coffee. Drinks at bar prices.

**Entertainment:** Guest speakers, ballroom dancing floorshows, project on show. Prizes and lucky envelopes Auction—silent and live.

**RSVP:** 0425 809 107 or email  
ramd9810@gmail.com

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## D9810 District Assembly

During 2011/12

- Are you on the Club Board?
- Are you in a Club Officers Position?
- Are you managing a Club Project?
- Are you serving on a Club Committee?
- Are you a new Rotarian?
- Do you want to Reach Within to Embrace Humanity?

Answer "Yes" to one or more of the above questions then you should make time to attend the D9810 District Assembly.

**When:** Saturday 7 May—8am-1pm  
(Presidents-Elect Session concludes 3pm)

**Where:** Hemisphere Conference Centre  
488 South Road, Moorabbin (Mel 77 H5)

Signs and guides will be available directing you to car parking and the registration area. Registration opens at 8am when tea and coffee will be available. Assembly will commence at 8:45am and conclude by 12:45pm except for Presidents Elect and any others who are advised separately.

DGE Juliet Riseley and her District Leadership Team look forward to strong participation in the 2011 District Assembly as we prepare for the coming Rotary Year.



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## Rotaract Club of Monash

### Club Meeting Details:

The Club meets on the 1st and 3rd Wednesday of the Month at 7:30pm  
Mulgrave Neighbourhood House  
36 - 42 Mackie Road, Mulgrave  
(Melways 80C3)

### Upcoming Rotaract Events:

## Rotaract Roster:

Date	Rotarian to Visit
20 <sup>th</sup> April	Michael Ellinger
4 <sup>th</sup> May	Warren Fricke

*If you cannot attend on the night you are rostered, please organise a replacement to take your place.*

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## Upcoming Events in Monash

### Mulgrave Fun Day

**Saturday 16 April 2011**

11am - 3pm

Wellington Reserve, Mackie Road  
Mulgrave, Melway Ref 80 C3

MC for the day - Colin Bogaars will be hosting The wonders of Fredrico Boogies's Magic Circus!

Paul Jamieson and Bongo the Cheeky Monkey have performed and been a great attraction at the Mulgrave Fun Day for the past few years.

Sail the Caribbean on the Pirate Ship and be dropped off in the magical world of the **Grimstone Laboratory** where your imagination can run wild!

Other activities and attractions are:

- Recycled arts workshop
- Painting workshop
- Face painting
- 6ft long Goanna to see

Come and join in the activities at the Wellington Reserve Community Centre, home to the Mulgrave Girl Guides, Mulgrave Scout Group and Mulgrave Neighbourhood House.

Proudly supported by the Monash Weekly.

INFOLINE 9518 3636

TTY (Hearing Impaired) 9518 3655

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## Upcoming Events in Kingston

### HEART of Kingston - Charitable Trust Art Show

**Friday, 6 May 2011  
to Wednesday, 11 May 2011**

The community is invited to drop and enjoy the inaugural 'HEART of Kingston Charitable Trust Art Show' at Woodlands Golf Course from May 6 to 11.

All proceeds from the Art Show will go to the Kingston Charitable Trust and Family Life.

This six day event is proudly presented by Aspendale Rotary Club, Kingston Council, Bendigo Community Bank Parkdale and Mentone East branches, Woodlands Golf club and Parkdale Secondary College.

The Art Show will exhibit up to 350 pieces from professional artists across Kingston and the wider region.

**LOCATION:** Woodlands Golf Course, White St Mordialloc

**CONTACT NAME:** Helene Brown **PHONE:** 9772 0123

**EMAIL:** [artshow@aspendalerotary.org.au](mailto:artshow@aspendalerotary.org.au)

**WEB:** [http://www.kingston.vic.gov.au/Page/page.asp?Page\\_Id=2836&h=0](http://www.kingston.vic.gov.au/Page/page.asp?Page_Id=2836&h=0)

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## Where other Clubs Meet

A Rotarian can attend the weekly meeting of any Rotary club around the world. This is a "make-up" and counts as attendance credit when you are not able to attend a meeting of your own club.

Details for all District 9810 clubs can be obtained in the district directory or website [www.rotary9810.org](http://www.rotary9810.org). Details for clubs around the world are available in the RI Directory (held by the club secretary) and on the RI website ([www.rotary.org](http://www.rotary.org))

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## Reminders

Please ensure that the club is aware if you will be missing a meeting. Contact **Ralph Zuccaro** on **0408 991 741 by 4 pm** on the **day of the meeting**, if you are not going to be present.

Contributions for inclusion into the Bulletin should be passed to [michaele@netspace.net.au](mailto:michaele@netspace.net.au) by Thursday evening of each week.

**Please remember if you cannot perform your rostered job, it is your duty to find a replacement to take your place.**

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## Joke of the Week

On patrol on a busy highway a policeman sees a car pattering along at 22 kph. Thinking a slow driver is just as much a problem as a speedster he turns on his lights and pulls over the driver.

Approaching the car, he notices that five little old ladies are sitting wide-eyed and white as ghosts in the vehicle. The driver says: "Officer, I don't understand. I was doing exactly the speed limit."

The policeman replies: "You weren't speeding, but you should know that driving slower than the speed limit can also be a danger to other drivers."

"Slower than the speed limit? I was doing the speed limit exactly. Twenty-two kilometres an hour!" the elderly driver says.

The policeman explains to her that 22 was the highway number, not the speed limit. Somewhat embarrassed, the woman thanked the policeman for pointing out her error.

The officer asks: "But before you go, I have to ask is everyone in the car OK? These women seem awfully shaken and they haven't made a peep this whole time."

Came the reply: "Oh, they'll be all right in a minute. We just got off Highway 189."

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## Rotary International News

### Japanese Rotarians witness devastation

By Ryan Hyland  
Rotary International News - 6 April 2011

"The earth seemed to be shaking forever, and it was so strong," says RI Director Masahiro Kuroda. "I thought I was going to die."

Kuroda, a physician, was seeing a patient on the second floor of his medical clinic in Hachinohe, Aomori, Japan, when a 9.0-magnitude earthquake off the country's northeast coast struck on 11 March.

"I escorted her downstairs. Holding each other's arms tightly, we walked down very slowly. After we reached the bottom floor, the earthquake stopped," says Kuroda. "I led all the other patients outside and told them to go home, but she said she was too scared to leave and wanted to stay in the clinic. I didn't know what to say -- she was so frightened. She left a couple of hours later and safely arrived home."

The quake, the largest to hit Japan in recorded history, triggered a tsunami that swept 6 miles inland, destroying entire villages.

Kuroda and several staff members stayed at the clinic overnight after hearing on the radio that the waves had come close to the building. Kuroda's home and clinic were spared, but just a couple of miles east, the tsunami and quake had caused major destruction.

"All I was trying to do was to prepare for the night and get heat," he says. "It was very cold. I tried to find some oil and batteries for the stove and candles. The electricity went out, so it was dark and hard for everyone to walk around. There were constant aftershocks, really strong ones. We all were very scared."

Kuroda says he couldn't reach fellow Rotarians at first.

"Landline phones, cell phones, and e-mail were down for three days, We were completely isolated," he says. "In the hardest-hit areas of District 2520 [Iwate and Miyagi], we don't know all the details of the damage. There are still Rotarians we haven't been able to contact yet."

Naoki Narayama, governor of District 2520, visited some of the affected villages soon after the earthquake.

"Our district, especially its Pacific coastal areas, sustained very severe damage. The devastation is much bigger than what we are seeing on TV," he says. "Search and rescue efforts continue. In the areas hit by the tsunami, there is



A red line indicates the tsunami level on this clinic in Kamaishi, Japan. Toshiro Ueda, a member of the Rotary Club of Otsuchi, Iwate, who runs the clinic, was barely able to escape by running to the fourth floor. *Photo courtesy of Tatsuo Seshita*

an acute shortage of food, water, gas, and medical supplies."

Narayama fears that the death toll, already estimated at more than 12,000, will rise. But he is encouraged by the response of Rotarians.

"In this darkest hour, I have received numerous heartwarming messages from Rotarians all over the world," he says. "Their considerate inquiries and kind offers of helping hands have greatly encouraged us to tackle this daunting destruction."

Tatsuo Seshita, governor of District 2550 (Tochigi), says his district wasn't hit by the tsunami but was badly damaged by the quake.

"I kept under my desk. I was afraid that the shaking would continue forever," says Seshita. "When the big pillar in my office cracked, I thought it was going to fall down on top of me. Luckily it stood, but I thought my time had come."

Seshita travelled to the city of Kamaishi on 2 April to deliver relief supplies to a medical clinic run by Toshiro Ueda, of the Rotary Club of Otsuchi, Iwate. Ueda was barely able to escape to the fourth floor of the clinic during the tsunami, which reached up to the third floor.

Kuroda says Rotary clubs are doing what they can to support those affected by the disaster. "Despite the shortage of gasoline, many Rotarians are driving to deliver supplies to the areas most in need," he says. "We all, as Rotarians, are working together. I am deeply moved by what I'm seeing Rotarians do."



*The Taste of Gold Farmers market, formerly held at Holmesglen TAFE Waverley Campus, has reopened at a new site and in a new format.*

**Where : Monash University Clayton Campus Car Park  
Enter: Wellington Road main entrance, Melways Ref  
70.F12**

**When : Every 4th Saturday in the month (except December)**

**Next Market: will be on the 23rd April 2011**

**Time : 8:30am to 1:00pm**

For those of you who enjoyed the Holmesglen market, many of your favourite stalls from Central Victoria are at the new market.

If you haven't experienced the "Taste of Gold", the range of produce straight from the farm covering seasonal fruit and veggies as well as organic and specialty foods will de-light you.

The "Taste of Gold" Monash Farmers Market is a Community Project where all profits go towards supporting people in need and community projects.

Our all weather site has plenty of parking. Come along for a great community experience and take away a *"Taste of Gold"*.

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For more information visit  
[www.rotarymonash.org](http://www.rotarymonash.org). or  
[www.tasteofgold.com](http://www.tasteofgold.com).

ROTARY CLUB OF MONASH INC  
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