

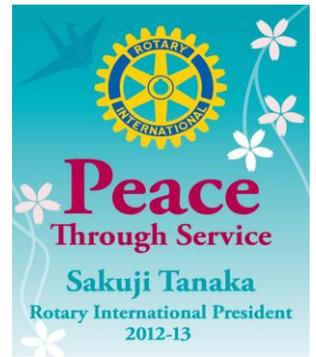


ROTARY CLUB of CLAYTON Inc.

District 9810 Victoria, Australia

Weekly Bulletin 2012-2013

Meets every Monday from 6:30pm at L'unico Restaurant
319 Clayton Road, Clayton (Melways 79C2)
(No meeting on public holidays)



18th February 2013

Volume 47, Number 28

In This Issue

- Upcoming Club Program
- Presidents Report
- Last Meeting & Notes
- Think Foundation Thoughts
- Important Club Dates
- District 9810 News
- Rotaract Club of Monash
- Upcoming Events in Monash
- Upcoming Events in Kingston
- Where other clubs meet
- Reminders
- Joke of the Week
- Rotary International News

Upcoming Club Program

Date	Speaker	Chairperson	Desk	Visitors
18 th February	Cross Discipline Coach – Leon Moore	Jon Breisch	Jean Cochrane	Jim Cochrane
25 th February	Meeting has been moved to the 27 th February to allow members to attend the GSE Welcome Dinner			
4 th March	ROMAC – Paul Isaac	Jean Cochrane	Jim Cochrane	John Drosis

Presidents Report

Hi members,

Well, we are almost back to normal now after having an extended Christmas/New Year break. I am looking forward to catching up with you all at this Monday's meeting.

I would like to thank John Barnes who has been standing in for me during my holiday.

Ralph and I spent 10 days at Mallacoota in a rented house high on the hill which overlooked the beautiful inlet and out to the ocean to Gabo Island. The beaches are spectacular and the sand clean and golden. There are many things for all members of the family to do there from fishing, boating, swimming, walking along the many nature walks.



Rotary Four Way Test

"Of the things we think, say or do:

1. Is it the Truth?
2. Is it Fair to all concerned?
3. Will it build goodwill and better friendships?
4. Will it be beneficial to all concerned?"

I first went to Mallacoota with my family camping when I was 13. It was an annual pilgrimage for us for a number of years and after Ralph and I were married and had out children we began the tradition again taking our children camping there many times until



one year we were flooded out so no more camping in a tent, we moved on to on-site caravans.

We then missed 10 years and went back again 3 years ago in luxury hiring a local house. Much easier we feel in our older years. It takes around 5 1/2 hours to drive there from Melbourne but the journey can be broken with many wonderful stops through Gippsland including lakes Entrance

where you can buy lovely fresh locally caught fish and other sea food.

This week we have a very special event. We will be welcoming and inducting our newest member Sha into our club.

I would like to wish Gaye Barnes all the very best on her trip to India later this week to participate in the National Polio Immunisation Day. All going to plan, this will be the last immunisation day for India as they would then be Polio free for the required length of time. Gaye will come along and talk to the club on her return about her trip and the wonderful work of the many, many volunteers who are helping to rid the world of Polio.

John has mentioned that Bunning Notting Hill is offering Community Groups the opportunity to hold cake stalls in their store. Is there any interest from our club to run a stall and see how it goes? We need to understand all the required food preparation, labelling requirements etc so we need to discuss if it would be suitable for us?

Many thanks
Lesley



THE OBJECT OF ROTARY

1. The development of acquaintance as an opportunity for service;
2. High ethical standards in business and professions; the recognition of the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society;
3. The application of the ideal of service in each Rotarian's personal, business, and community life;
4. The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

Last Meeting & Notes

Last Meeting (11th February):

This week our guest speaker was Kerry Milligan who is an Art Teacher for Stepping Stones Child & Adolescent Unit at the Monash Medical Centre. Kerry has been working at her job for 20 years and explained in detail about the Stepping Stones Child & Adolescent Unit and her experiences.

The adolescent inpatient unit is a 20 bed psychiatric residential assessment and treatment program for young people aged between 12 - 18 years who are experiencing severe psychiatric and or emotional disturbances. There is also a day program operating for young people to attend. The building, designed around a garden courtyard, consists of a residential area including recreation space, a music room and a kitchen. There is also a school building, indoor pool and gym facility.

A young person will meet with their mini team regularly to identify and review their goals for discharge. The case co-coordinator and nurses are the people to whom inquiries should be directed. Admission to a hospital setting is a significant event in a teenager's life, it is considered only when all other avenues have been explored and for various reasons the inpatient unit is the best place to be. In light of this the staff endeavours to provide the best care, in the least restrictive environment, building on the strengths and attributes of the adolescent.

Support is also provided where needed to other people important in the young person's life. Although staff are experienced in providing a safe and therapeutic environment, in which young people can work on their issues, it is important to remember that young people are exposed to a variety of behaviours whilst in an inpatient setting, some of which are not helpful to that individual. There is therefore the potential for young people to develop unwanted behaviours of their own.

Families are routinely involved in decision making and are expected to attend regular family sessions. Emergency meetings may also be necessary to address important issues. Guardianship responsibilities remain with the parents / carers. Whilst on the unit, young people, when well enough, are expected to attend the program as discussed with the mini-team. The program is a combination of education, therapeutic, and life skills, including psychotherapy, goal setting, living skills, art, music, cooking, gym, outings, newsletter and communication skills.

Weekend leave occurs to encourage the young person to maintain links with their ongoing accommodation and the community they will return to after a stay in hospital.

They work with 12 - 18 year old young people who have a severe mental illness, including those with a dual diagnosis. The teacher's expertise in preparing curriculum, managing and teaching groups and assisting young people back to an appropriate educational setting, complements the skills of other staff of Stepping Stones. They provide educational assessments and feedback this information to the school and family. Although mandated to provide services only to Stepping Stones Inpatient Unit, we do support schools and outside agencies through secondary consultation, meetings and professional development.

The aim of the program is to:

- Provide the opportunity for young people to reflect and continue to work on their difficulties.
- Support and encourage appropriate classroom behaviour
- Access to a relevant range of subjects

During a young person's stay on the unit, they attend a structured program that runs five days per week beginning at 10.00am and ending at 4.00pm. Subjects such as Health and Human Relations, Information Technology and Art are permanently on the time table and where feasible, follow the course outlines and objectives within the Curriculum Standards Framework (CSF). Other subjects offered are Living Skills, Gardening, Yoga, Communication Skills and Drama. Teachers form a partnership with the Mental Health Professionals in planning, delivering and evaluating the program.

Special Announcements

24th February – Jim Cochrane Birthday.

Teachers maintain close links with home schools allowing consultation with the young person's school and families regarding pertinent issues: course selection, career pathways and school based welfare / curriculum issues. To ensure continuity of study, the teachers will provide specific instruction in some subject areas and request work from school when appropriate. Where necessary, the teachers will provide documentation to support a change in a young person VCE commitment.

Meeting Notes:

- John Barnes reported on a letter we received with regards to the Clayton Festival on Sunday 24th February Jon Breisch has volunteered to follow this up on behalf of the club and has all the information. If you have any ideas please contact Jon.
- Tom Portelli reported that he has had feedback from "Schools a Gift" that the school which was being built in Ethiopia through RAWCS has now been completed and we will be provided with photos in the next few weeks showing the work done.
- Dianne Sides informed the club that Maggie Lynch, the lady who was presented with a PHF at our changeover received an OAM last week. Well done goes to Maggie.
- The club received a letter from Bunning's at Notting Hill informing us that they will be accepting expressions of interest from non-profit community groups to run cake stalls at Bunning's Notting Hill. Details are with Bronwen Lamond.
- John Barnes reported on the welcome to the GSE Team from Malaysia dinner which is being held by the Rotary Club of Wheelers Hill on the 27th February. It was voted at the meeting that we will move our normal meeting on the 25th February to the 27th February so the members will be able to attend. The RSVP for this event is the 17th February. If you would like to attend please contact John. More details attached to this bulletin.
- Reminder on the 9810 District Conference which will be from Friday 15th to 17th March 2013 in Wangaratta at the Performing Arts Centre. You can see Heather Norling for details regarding the accommodation which has been booked. The club BBQ will be on the Friday Night at the Park View Hotel. Currently we have 6 members from the club attending. For more details on the conference you can go to the following location <http://2013conference.9810rotary.org.au/> To book your place go to www.trybooking.com/29736

Apologies = Glenys Pattison, Ralph Zuccaro, Lesley Zuccaro, Warren Fricke, Ed Allchin & John Goldspink.

Make Ups = Dianne Sides (BFN), Warren Fricke (Monash Community Raffle).

Leave of Absence = None.

Visitors = Kerry Milligan (Guest Speaker).

Think Foundation Thoughts

February: World Understanding Month • World Understanding and Peace Day, 23 February

This week's Foundation Thought is about ...

Hunger. Can you imagine 854 million dollars, 854 million candy bars, 854 million diamond rings, 854 million people? We all have difficulty in imagining this number, but for the 854 million people who live with chronic hunger, it is not something they try to imagine, but something they must try to survive. Malnutrition is the largest single contributor to disease; it imposes crushing economic burdens on the developing world. Freedom from hunger and malnutrition is a basic human right, and The Rotary Foundation is working to alleviate hunger and malnutrition. Many of the Matching Grants that the Foundation funds are for projects working toward this end of hunger. Every day, Rotarians take action to end the tragedy of world hunger. Make your annual gift today.

Important Club Dates

Wednesday 27/02/13 – Combined Dinner Meeting with the RC Wheelers Hill to welcome the Group Study Exchange Team from Malaysia. (Details attached in this bulletin)

Monday 11/03/13 – No Club Meeting (Labour Day)

Friday 15/03/13 to Sunday 17/03/13 – District 9810 Conference in Wangaratta at the Performing Arts Centre.

District 9810 News

Rotary Club of Box Hill Central

presents a

Gala Charity Concert

featuring

The Victoria Police Show band and Pipe band

Friday 22nd March at 7:30pm

At the Whitehorse Centre for Performing Arts, Whitehorse Road, Nunawading

Tickets are \$25

Bookings 9262 6555

All proceeds go to Eastern Emergency Relief Network and other Rotary Club service projects

Rotaract Club of Monash

Club Meeting Details:

The Club meets on the 1st and 3rd Wednesday of the Month at 7:30pm
Mulgrave Neighbourhood House
36 – 42 Mackie Road, Mulgrave
(Melways 80C3)

Upcoming Rotaract Events:

Rotaract Roster:

Date	Rotarian to Visit
20 th February 2013	Michael Ellinger
6 th March 2013	Warren Fricke

If you cannot attend on the night you are rostered, please organise a replacement to take your place.



Upcoming Events in Monash

Clayton Street Festival

Sunday 24 February 2013
12 noon to 6pm

General Festival Information

Parking:

There is limited free parking available in Cooke Street and Thomas Street.

Information tent

For site maps, a full event program, help in finding lost children and other friendly assistance, please go to the Information Tent. The tent is located close to the corner of Clayton Road and Dunstan Street.

Accessibility

The Clayton Festival caters for patrons of all abilities by providing accessible toilets and parking. If you need to recharge a motorised wheelchair, power is available at the Information Tent. Accessible parking is available in the Houghton Road East car park.

So Much to See & Do

Free photo booth

Be sure to get your free photo taken at the 'Funky Photo' booth presented by Monash Council.

Colours of the world

Take a wander along Clayton Road and see a variety of cultural flags that local schools and community groups have made. Be sure to stop by the world map to mark your heritage.

Teas and coffees of the world

Experience different coffee and tea aromas from many countries including England, South Sudan, China, Korea, Indonesia, Mexico, Greece and Italy.

Envirozone

Check out a variety of stalls, educational displays, free activities and interactive workshops, including a workshop run by Very Edible Gardens.

Community Groups & Council Services

Visit the many community and support groups showcasing their services in information stalls and displays.

Food and Market Stalls

You will find many treasures including handmade jewellery, funky clothing, toys, pottery and trinkets. A lap around the Clayton Festival is sure to work up an appetite so be sure to sample tasty treats from the many international food stalls.

Free Kids Activities

Including kid's carnival rides, face painting, interactive workshops plus more.



Upcoming Events in Kingston

Cabaret

Friday, 22 February 2013
8:00 PM - 10:30 PM

Join us for a special Midsummer screening of the musical masterpiece that revolutionised the genre and won 8 Academy Awards: Cabaret.

This is a dark, multi-layered look at the decadent fantasy world that was Berlin preceding the devastating reality of World War II. Liza Minelli plays Sally Bowles, star of the seedy Kit Kat Club. Her exuberance and eternal optimism charm Brian (Michael York) an English journalist, their ill-fated romance mirroring the political chaos that surrounds them.

The extraordinary energy and style of Bob Fosse's choreography and the remarkable historical drama combine to make Cabaret not just a spectacular musical, but a powerful film experience.

Pre-show entertainment in foyer and bar open from 7pm.

Tickets \$15 each

LOCATION: Shirley Burke Theatre, Parkers Road, Parkdale

WEB: <http://www.kingstonarts.com.au>

Where other Clubs Meet

A Rotarian can attend the weekly meeting of any Rotary club around the world. This is a "make-up" and counts as attendance credit when you are not able to attend a meeting of your own club.

Details for all District 9810 clubs can be obtained in the district directory or website www.9810rotary.org.au Details for clubs around the world are available in the RI Directory (held by the club secretary) and on the RI website (www.rotary.org)

Reminders

Please ensure that the club is aware if you will be missing a meeting. Contact **Bronwen Lamond** on **0439 339 645 by 4 pm** on the **day of the meeting**, if you are not going to be present.

Contributions for inclusion into the Bulletin should be passed to michaele@netspace.net.au by Thursday evening of each week.

Please remember if you cannot perform your rostered job, it is your duty to find a replacement to take your place.

Joke of the Week

A woman was asked, "When you are a ripe old age, and had to pick one, which would you choose -- Parkinson's or Alzheimer's?"

This wise lady answered, "Definitely Parkinson's -- better to spill half my wine than to forget where I put the bottle."



Rotary International News

Indian Rotarians perform corrective surgeries in Nigeria

By Ryan Hyland
Rotary News -- 13 December 2012



Nigerian Rotarians help surgeons from India unload baggage in Abuja. *Photo by Charanjit Singh*

A group of Rotarians from India gave hope and dignity to about 400 children crippled by polio during a 10-day medical mission in Nigeria this month.

The team of 19 physicians -- most of them orthopedic surgeons -- assisted by 6 nonmedical volunteers, performed corrective surgeries on young polio patients ages 1 to 18 at two hospitals in Abuja, Nigeria's capital. The project was partly funded by a US\$50,000 Rotary Foundation Matching Grant.

The mission also aimed to create awareness of the need for immunizations and of Rotary's efforts to eradicate the disease, says project leader and Past RI President Rajendra K. Saboo.

Nigeria, along with Pakistan and Afghanistan, are the only three countries where polio remains endemic. In February, the World Health Organization removed India from the polio-endemic list.

Reaching across borders

"Many experts predicted that India would be the last country to stop polio. Instead, India was able to beat polio," says Saboo, who is from Chandigarh, Union Territory, India. "Now it is our turn to help the remaining polio-endemic countries by reaching across borders to share our success and strategies."

Through the surgeries, Saboo says, Rotary not only gives hope to young polio victims but also helps build trust and confidence with parents in communities where immunizations are still desperately needed.

"This is a humanitarian project about goodwill and international understanding, but more important, it's about social mobilization and advocacy to reach out to parents of children who are not getting immunized," says Saboo. "If India can do it, so can Nigeria. We have

similar problems, similar conditions, and are afflicted by poverty and illiteracy. But we [brought] a message of hope that Nigeria will soon be polio-free.”

Rotarian Deepak Purohit, one of 12 orthopedic surgeons on the team, has worked on several similar surgery missions over the last 15 years, including projects in India, Ethiopia, Zambia, and Nigeria.

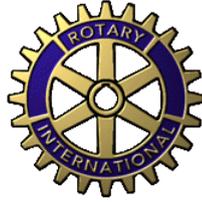
“Polio-corrective surgeries are a professional passion of mine,” says Purohit, a member of the Rotary Club of Panvel, Maharashtra, India. “When the polio deformities are corrected on these children, we give them dignity and normalcy. When they can only crawl coming here and then be able to stand weeks later, we make them feel like normal human beings. This is a great thing we are achieving.”

Bone correction

Purohit says the team conducted three types of surgeries: soft tissue repair, bone correction, and tendon replacement. The average recovery time is three to eight weeks, depending on the surgery.

Nigerian Rotarians will follow up to make sure the patients receive the required postoperative care, says Saliu Ahmed, past governor of District 9125 (Nigeria).

“This is a great opportunity for Nigeria to meet the medical needs of those crippled by polio and to be able to help them use their limbs,” says Ahmed. “This medical mission is a loud message to our communities that Rotary cares, that Rotary will stay in this fight for polio eradication until it is won.”



President Alfred Sung
from the
Rotary Club of Wheelers Hill

Invites President: Lesley ,Members & Partners
from the Rotary Club Clayton
To our combined Dinner Meeting
on Wednesday 27 February 2013.

To welcome our Districts
Group Study Exchange Team
from Malaysia.

At the Mulgrave Country Club
Wellington Rd
Wheelers Hill,
6.30 for 7pm

\$30ph plus Drinks

RSVP no late than 17 February 2013

With numbers attending

to

Paul Isaac

Ph 95613640

E-mail: rpmisaac@bigpond.com