



ROTARY CLUB of CLAYTON Inc.

District 9810 Victoria, Australia

Weekly Bulletin 2010-2011

Meets every Monday from 6:30pm at L'unico Restaurant
319 Clayton Road, Clayton (Melways 79C2)
(No meeting on public holidays)



6th June 2011

Volume 45, Number 44

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District 9810 Awarding Winning Bulletin 2010/2011

Upcoming Club Program

Date	Speaker	Chairperson	Desk	Visitors
6 th June	Professor & Staff Member from Monash University School of Public Health and Preventative Medicine	Katherine Merson	Heather Norling	Glenys Pattison
20 th June	Interest Meeting	Heather Norling	Glenys Pattison	Tom Portelli
27 th June	Club Changeover at Hemisphere Conference Centre	TBA	Tom Portelli	Dianne Sides

Presidents Report

Last week we had a real bonus, member Bronwen who gave a us a talk on her job history and school and told us about a deep passion of hers, - Uncle Bob's. What a dedicated person we have here with Bronwen as a member. We all can draw inspiration from her and her family's efforts toward a worthy cause and also the education of our young.

The other speaker we had was Thad Mangalino a young guy who used us as a forum for Toastmaster grading of speakers. He is similarly speaking to many organisations and was very provocative and made us all think. Philippines born, he is also local and a business coach, ie. a person who helps others to sort or better run their businesses. I very much admired his stance and thoughts. Thad is another prime example of the wonderful young ethnic people that have come to our country in recent years.

On Monday we will have another excellent speaker who will speak (if I have it right) on a local medical initiative that may help all people, especially those aging (and that is all of us!). Come along and bring a friend to hear from him first-hand what we may do to help our own lives. I promise it will be good and

Website - <http://rotarnet.com.au/users/9/98110/index.htm>

Rotary Four Way Test

"Of the things we think, say or do:

1. Is it the Truth?
2. Is it Fair to all concerned?
3. Will it build goodwill and better friendships?
4. Will it be beneficial to all concerned?"

relevant to us all. It must be said here that Glenys our Programme Chairperson has been coming up with consistently brilliant speakers all year and these latest ones have been no exception.

Jon will be circulating a list for our Changeover Night, now just weeks away, (yippee) so make sure you fill it in and feel free to invite guests. It is a time when our club will be on show and we have much to be proud of so a good time is assured. Our Changeover is also a good time to invite prospective members along to hear what we have done and what we will be doing in Clayton and elsewhere in the future.

Bill Sides

Last Meeting & Notes

Last Meeting (30/05):

This week we were lucky enough to have two guest speakers. Our first guest speaker was Thad Mangalino who is a member of Toastmasters. Thad's task was that he had to speak to an audience of 25 non-Toastmasters and record the speech. Thad's talk was on the subject of Procrastination.

In psychology, procrastination refers to the act of replacing high-priority actions with tasks of low-priority, and thus putting off important tasks to a later time. Psychologists often cite such behaviour as a mechanism for coping with the anxiety associated with starting or completing any task or decision. Schraw, Wadkins, and Olafson have proposed three criteria for behaviour to be classified as procrastination: it must be counterproductive, needless, and delaying.

Procrastination may result in stress, a sense of guilt and crisis, severe loss of personal productivity, as well as social disapproval for not meeting responsibilities or commitments. These feelings combined may promote further procrastination. While it is regarded as normal for people to procrastinate to some degree, it becomes a problem when it impedes normal functioning. Chronic procrastination may be a sign of an underlying psychological disorder.

Thad also asked some of the members to give some good examples where they had procrastinated and believe me we heard some good stories.

Our second guest speaker for the night was Bronwen Lamond who is the Principle of Streeton Primary School, member of the Uncle Bobs Club and also a member of the Rotary Club of Clayton. Bronwen spoke to us about the Uncle Bobs Club.

Where did the Uncle Bobs Club get the name?

Back in the beginning a 10-cent piece was called a shilling (nickname was a bob). So by putting in a bob a week the name was decided on.

The history of the **UNCLE BOBS CLUB** dates back to December 1941, when a raffle book was passed around the bar of the Riversdale Hotel in Hawthorn. The proceeds were to benefit the Orthopaedic Section of the Children's Hospital, at Mt. Eliza. Four gentlemen in the bar that evening were so moved, they decided to form a fund-raising organisation for the hospital.

The Club's first association with the Good Friday Appeal was in 1948. The Good Friday Appeal holds a special place in the heart of every Uncle Bob.

THE OBJECT OF ROTARY

1. The development of acquaintance as an opportunity for service;
2. High ethical standards in business and professions; the recognition of the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society;
3. The application of the ideal of service in each Rotarian's personal, business, and community life;
4. The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

In the 1950's the Club expanded into the country areas of Victoria, with many branches and groups forming in a number of areas.

In 1963, Queen Elizabeth opened the new Royal Children's Hospital at Carlton and still to this day the Orthopaedic Ward is named in honour of the Uncle Bobs Club.

Over the years the Club has raised money in many ways, some of which may seem strange. Golf days, bowls days, chook raffles, hotel jars, bingo, quiz nights, raft races, the annual raffles of Easter eggs and Christmas hampers, carnivals and the list goes on.

The Uncle Bobs Club holds a special place in the history of Victoria. Many hospitals display plaques in recognition of the equipment made available by the Club's tireless work. The volunteers reward is the knowledge that they have made life a little easier for a sick child.

The UNCLE BOBS CLUB presently receives no Government funding to assist in its fundraising efforts, so they rely totally on the generosity of the public and the willingness of their dedicated unpaid volunteers.



Meeting Notes:

- Bill Sides gave a special toast to Jim & Jean Cochrane who will celebrate their 60th Wedding Anniversary on the 2nd June.
- Bill Sides reminded the club on the District Governors Changeover on the 2nd July. Full details in this bulletin.
- Ralph Zuccaro reported to the club that a date for our Annual Golf Day at Spring Valley has now been set. The date is Monday 5th September. A flyer has been sent to all the members by Katherine Merson for distribution to family, friends, business partners and colleagues. If you have any good ideas, potential players, sponsors or raffle gifts for the day, please contact Ralph Zuccaro or Katherine Merson.
- Katherine Merson gave an update on the Monash Farmers Market which

Special Announcements

6th June – Padma Kandadi Birthday.

7th June – Georges Ah-Tye Birthday.

9th June – Warren Fricke Birthday.

16th June – Craig Merson Birthday.

24th June – Monica Ellinger Birthday.

24th June – Hans Verzijl Birthday.

was held last Saturday. The club had a sell out and even need to buy more supply's to feed the hungry customers. The number of stall holders has also increased. Dianne Sides also mentioned that the club has been offered a 2 Door Fridge & Freezer which will help us store our goods.

- Ralph Zuccaro reported that the club received a certificate of appreciation from Chisholm with regards to the Bill Norling Memorial Perpetual Award.
- Jim Cochrane advised the club that there is a good opportunity to hold a BBQ at the new Homemakers Centre which is opening shortly on Westall Road. Jim will follow up and let the club know if there is an opportunity.
- Jon Breisch gave an update on our club changeover which is on Monday 27th June at Hemisphere Conference Centre which is located at 488 South Road, Moorabbin. Time is 6:30 for 7:00 pm start and the cost is \$45 per head. Drinks are not included in this price. For more details contact Jon.

Apologies = John Barnes, Gaye Barnes, John Goldspink, Glenys Pattison, Richard Simmons & Rukshana Verzijl.

Make Ups = Rukshana Verzijl (Farmers Market).

Leave of Absence = None.

Visitors = Thad Mangalino (Guest Speaker).

Message from John Barnes

Just a quick hello from Vientiane in Laos – something wrong with the WiFi connection so now in Luang Prabang and been up since 5am to give alms to the monks - where we have been for the past 2 days – going out tomorrow (Monday) to see another school badly in need of repair, also looking at one that has almost been completed by Rotary Clubs in Sydney. Then we leave on the afternoon plane to Luang Prabang, the old Lao capital and a world heritage listed city. It is there that we will go to the Khmer/ Hmong/Loa village and take what we can for the school and children of the village, courtesy of the donations from our Club and the members.

Looks like all is going well for the Rotary Club of Clayton, and, whilst so far away, it is still nice to read of what is going on. Good to see the positive results from the market – maybe it has just turned the corner.

Gaye and I send our best to everyone.

Cheers
John B

Think Foundation Thoughts

June: Rotary Fellowships Month

This week's Foundation Thought is about...

Every Rotarian, Every Year. –The cries for help from pain, suffering, and death can be heard from over one-third of the world. Every 10 seconds, a child dies in the world. Rotary is a humanitarian organization that can make a difference. By meeting our district Annual Programs Fund goal, we can make the world a better place. Support the Every Rotarian, Every Year effort. Give to the Annual Programs Fund. Your gift is a gift of life.

– *Rotarian Bob Holloway*

Important Club Dates

Monday 13/06/11 – No Meeting (Queens Birthday)

Friday 24/06/11 – Monash Rotaract Changeover (Details TBA)

Saturday 25/06/11 – Monash Farmers Market. See Craig or Katherine Merson for details and if you wish to be put on the roster.

Monday 27/06/11 – Annual Changeover at Hemisphere. 488 South Road, Moorabbin. Time is 6:30 for 7:00 pm start and the cost is \$45 per head. Drinks not included in this price. For more details contact Jon Breisch.

Saturday 02/07/11 – District Governors Changeover at Southern Golf Club, Lower Dandenong Road, Keysborough.

Monday 22/08/11 – District Governors Visit to the club.

Monday 05/09/11 – Annual Golf Day at Spring Valley. (Details attached to this bulletin)

District 9810 News

HOME FOR LUNCH—a new play that benefits Rotary

Married for better or worse ... but, not for lunch, was the sentiment behind the comedy drama Home for Lunch.

Where: *Chapel off Chapel, Prahran*

When: 16 June to 3 July

Price: \$37 per ticket (instead of normal \$48)

Home for Lunch, starring Dennis Coard and Margot Knight, is a comedy drama that explores not only the dilemma of retirement but also the impact that retirement has on a relationship—it's funny, moving and insightful.

Producer David Bardas is donating his share of the profits of the production to The Rotary Foundation and Disaster Aid Australia— so not only can Rotarians benefit from a discounted ticket price, you can also help to support these two vital areas of Rotary.

Bookings can be made at www.homeforlunch.com.au or phone 03 8290 7000.

Mention 'Rotary' for the generous discount. Why not use this as an opportunity for club fellowship?

Climate Change / Global Warming—Are you a believer or a sceptic?

The Rotary Club of Wheelers Hill invites you to join them to hear Prof Bob Carter, Research Professor at James Cook University, Qld. Professor Carter is an eminent international marine geologist and environmental scientist.

He will speak on climate change and global warming—expert scientific knowledge, informative, easily understood and a very entertaining presentation.

When: Tuesday 14 June 6:30pm for 7pm start

Where: Mulgrave Country Club,
Cnr Wellington & Jells Roads, Wheelers Hill

A meal is available if required at your cost

RSVP 1 June 2011 to President Chris

Email: mail@chrishendry.com

Phone: 0421 333 589

Please indicate if you wish to order a meal.

If you would like to check out Professor Carter's credential beforehand, go to http://members.iinet.net.au/~glrmc/new_page_3.htm

Rotaract Club of Monash

Club Meeting Details:

The Club meets on the 1st and 3rd Wednesday of the Month at 7:30pm
Mulgrave Neighbourhood House
36 - 42 Mackie Road, Mulgrave
(Melways 80C3)

Upcoming Rotaract Events:

Monash Rotaract Inc is announcing their Changeover Night - and you are invited!

Details are still to be confirmed but please *save-the-date* of **Friday 24th June**.

Rotaract Roster:

Date	Rotarian to Visit
15 th June	Craig & Katherine Merson
6 th July	Glenys Pattison

If you cannot attend on the night you are rostered, please organise a replacement to take your place.

Upcoming Events in Monash

Winter Concert Series presents – Flamenco

26 June 2011, 2:00pm-4:00pm

Winter will come alive with passion, fire and energy at the Monash Gallery of Art as you see entertainment at its best with Juan Martinez-Ortega, Laura Uhe, Belinda and Paul Martin, dazzling us with passionate rhythms, joy, beautiful and graceful art form that is Flamenco Dance.

Light refreshments will be provided.

Monash Gallery of Art
860 Ferntree Gully Rd, Wheelers Hill



Bookings Essential: 20 - 24 June, 9:00am-5:00pm

Phone: 9518 3636

Upcoming Events in Kingston

Sunday at the Centre

Sunday, 26 June 2011
2:00 PM - 4:30 PM

A Sunday Afternoon Concert - featuring Peter Ferns - the Man with the Golden Voice and Sussan Correll - who will get your feet tapping and lift your soul!
Time 2 - 4.30pm Tickets \$10 which includes delicious afternoon tea.

LOCATION: Mordialloc Community Centre 115 Warren Rd Mordialloc 3195

CONTACT NAME: Norma Gibson **PHONE:** 9580 3675

EMAIL: manager@mordicc.org.au

WEB: <http://www.mordialloccommunitycentre.org.au>

Where other Clubs Meet

A Rotarian can attend the weekly meeting of any Rotary club around the world. This is a "make-up" and counts as attendance credit when you are not able to attend a meeting of your own club.

Details for all District 9810 clubs can be obtained in the district directory or website www.rotary9810.org. Details for clubs around the world are available in the RI Directory (held by the club secretary) and on the RI website (www.rotary.org)

Reminders

Please ensure that the club is aware if you will be missing a meeting. Contact **Ralph Zuccaro** on **0408 991 741 by 4 pm** on the **day of the meeting**, if you are not going to be present.

Contributions for inclusion into the Bulletin should be passed to michaele@netspace.net.au by Thursday evening of each week.

Please remember if you cannot perform your rostered job, it is your duty to find a replacement to take your place.

Joke of the Week

An artist asked the gallery owner if there had been any interest shown in his paintings on show there.

The gallery owner said he had both good news and bad news. He went on: "The good news is that a man came in asked if your paintings would be more valuable after your death. "When I said they would he bought all 15 of them."

The artist said: "Well, what could the bad news be?" Came the reply: "The buyer is your doctor."

Rotary International News

Banerjee outlines emphases for the year

Ryan Hyland
Rotary International News -- 25 May 2011

RI President-elect Kalyan Banerjee asked Rotarians at the 2011 RI Convention in New Orleans, Louisiana, USA, on 25 May to go back to their communities and think of "new and different ways" to take on the challenges of today. [Download his speech](#) and [see video highlights](#) from the plenary.

"We are the doers of our communities, the leaders, the ones who are most involved, who see the problems and have the means to find the solutions," Banerjee said. "I am asking you to reach within and unleash your inner power and then use it to embrace everything and everyone around you."

Banerjee, who will take office 1 July, said Rotarians should be guided by three emphases -- the family, continuity, and change -- as they work to support the 2011-12 RI theme, *[Reach Within to Embrace Humanity](#)*.

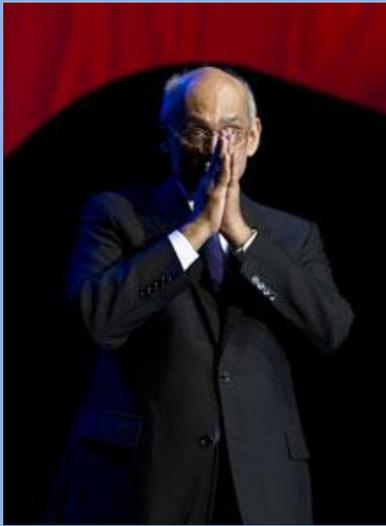
Family is the first emphasis, he said, because the family is the starting point for everything Rotary is trying to accomplish.

"The family is the building block of the community," Banerjee said. "If we wish to see a world that is more joyous, we first have to make sure that the families of the world are more joyous, that they have the things they need to be happy, to thrive, and move forward. So we have to look at housing, at clean water and sanitation, at health care, at all the issues affecting mothers and children."

Continuity involves continuing and strengthening those things Rotarians do well, said Banerjee.

"There are so many areas in which we have been successful -- working for clean, safe water; spreading literacy; working in so many ways with Generation Next, our youth. And of course, our greatest project, polio eradication," he said. "If we want to really achieve the impossible, we have to have not only persistence, but vision -- we have to be looking past what we are doing now, at what we can and should be doing in the days and years to come."

Also during the fourth plenary session, attendees were treated to a preview of the 2012 RI Convention in Bangkok, Thailand. The Host Organization Committee shared a taste of Thai culture, including a performance by dancers representing four regions of the country. Prime Minister Abhisit Vejjajiva and Past RI President Bhichai Rattakul, of Thailand, greeted attendees through a prerecorded video. A Bangkok-themed luncheon followed the plenary session.



RI President-elect Kalyan Banerjee greets the fourth plenary session before outlining his emphases for the year. *Rotary Images/Alyce Henson*



District Governor David Alexander & Denise

together with

District Governor Elect Juliet Riseley & Ian



Request the pleasure of the company of

All District 9810 Rotarians, Partners & Friends

at the

2011 District 9810 Changeover Dinner

on

Saturday 2 July 2011

from

7:00pm - 11:00pm

to be held at

Southern Golf Club

Lower Dandenong Road, Keysborough 3173.

Melways 88 H8 -<http://www.southernqolfclub.com.au>

David & Denise and Juliet & Ian would be delighted to have as many of you as possible join them as the District Governor's baton is passed from David Alexander to Juliet Riseley as 2010/11 comes to a close and 2011/12 begins

Dress: Jacket & Tie for gentlemen, After Five for ladies

Price: \$55 per head

RSVP Via attached Registration Form by 17 June 2011



The Taste of Gold Farmers market, formerly held at Holmesglen TAFE Waverley Campus, has reopened at a new site and in a new format.

**Where : Monash University Clayton Campus Car Park
Enter: Wellington Road main entrance, Melways Ref
70.F12**

When : Every 4th Saturday in the month (except December)

Next Market: will be on the 25th June 2011

Time : 8:30am to 1:00pm

For those of you who enjoyed the Holmesglen market, many of your favourite stalls from Central Victoria are at the new market.

If you haven't experienced the "Taste of Gold", the range of produce straight from the farm covering seasonal fruit and veggies as well as organic and specialty foods will de-light you.

The "Taste of Gold" Monash Farmers Market is a Community Project where all profits go towards supporting people in need and community projects.

Our all weather site has plenty of parking. Come along for a great community experience and take away a *"Taste of Gold"*.

For more information visit
www.rotarymonash.org. or
www.tasteofgold.com.

ROTARY CLUB OF MONASH INC
PO BOX 563
MOUNT WAVERLEY 3149



**ROTARACT CLUB OF
WHITEHORSE**



C H A N G E O V E R

7.45pm Wednesday 29th June

Melbourne Baseball Club,

Surrey Drive, Box Hill

\$5 entry

Proceeds going to Rotary

Japan 2011 Disaster Recovery Fund

entertainment • origami • guest speaker
supper • goals for 2011-12 • prizes and more!

RSVP by 24th June to whitehorse_rotaract@hotmail.com
with your name and club/organisation

Over 150 years ago our ancestors
settled this land, now you can conquer it...



A DATE FOR YOUR DIARY

The Rotary Club of Clayton

extends an invitation to you and your friends to enjoy a great day of golf at one of
Melbourne's best sand belt courses,

Spring Valley,

home to the Victorian Open

Date: **Monday, 5 September 2011**

Time: 12:30 pm tee off

Enquires please contact Warren Fricke on 9544 3489 or wfricke@bigpond.net.au

