



ROTARY CLUB of CLAYTON Inc.

District 9810 Victoria, Australia

Weekly Bulletin 2011-2012

Meets every Monday from 6:30pm at L'unico Restaurant
319 Clayton Road, Clayton (Melways 79C2)
(No meeting on public holidays)



7th November 2011

Volume 46, Number 16

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District 9810 Award Winning Bulletin for 2010/2011

Upcoming Club Program

| Date | Speaker | Chairperson | Desk | Visitors |
|------------------------------|---|-----------------|-----------------|--------------------|
| 7 th November | TaskForce – Danny Alcock | Glenys Pattison | Tom Portelli | Bill Sides |
| 14 th November | Organ donation Cystic Fibrosis – Kylie Alford | Tom Portelli | Bill Sides | Dianne Sides |
| 21 st November | TBA | Bill Sides | Dianne Sides | Richard Simmons |

Presidents Report

I hope everybody enjoyed the long week-end with family and friends.

The year is closing in fast with 3 more BBQ's to close off the year, 1 more at the Farmers Market and then the Synchrotron and finally a Bunning's BBQ which should keep us run off our feet.

I will be gathering some more information on what is happening around the District at the Presidents Meeting to be held on the 11th November.

Now is the time of the marketing of Christmas with more pamphlets in our letter boxes and whilst shopping with the young one, when Christmas? (Thinking of her stomach filled with lollies and lemonade).

The Chartering of a new interact club is going to very exciting and I hope all members can attend on the day

Yours in Rotary
Jon



Rotary Four Way Test

"Of the things we think, say or do:

1. Is it the Truth?
2. Is it Fair to all concerned?
3. Will it build goodwill and better friendships?
4. Will it be beneficial to all concerned?"

Last Meeting & Notes

Last Meeting (24/10):

This week our Guest Speaker was Andrew Leung who spoke about FirstBase which is part of Yooralla. Andrew is a co-ordinator at Firstbase.

Also at the meeting was a family from Clayton, Seng (Father), Kim (Mother) and Susie (Susanne) in the wheelchair who are pictured below with Jon Breisch & Andrew Leung. A cheque of \$884.75 was presented to FirstBase to complete the gap required to purchase a new wheelchair for Susie.

FirstBase is designed and developed around the needs of young adults leaving school, aged 18 years and over with a disability, to make the transition to an adult lifestyle by developing skills and realising individual goals through specialised programs.

The FirstBase program operates in a number of centres across Metropolitan Melbourne and South Gippsland.

The community based facilities are developed with fully equipped therapy rooms. They provide physiotherapy, occupational therapy and speech pathology. They also have purpose built computer, multimedia, Internet and new technologies rooms, general purpose areas and kitchen and meals areas. They offer close proximity and easy access to both public transport and community infrastructures. They encourage participants to access educational courses, sporting and recreational groups and to find employment.



Meeting Notes:

- Jim Cochrane reported that John Goldspink was admitted to Hospital over the weekend with chest pains, but after investigation and tests by the Doctor he was reported to be all ok.
- John Barnes gave an update on the Charter Night for the Interact Club of John Monash Science School which is planned for the 1st December. (Full information in Bulletin).
- Puddings & Whisky Cakes are now available at \$15.50 each. If you would like to order some, please see Warren Fricke. From every sale of a cake or pudding, the club receives \$2.75.

THE OBJECT OF ROTARY

1. The development of acquaintance as an opportunity for service;
2. High ethical standards in business and professions; the recognition of the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society;
3. The application of the ideal of service in each Rotarian's personal, business, and community life;
4. The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

- Jon Breisch announced that our annual AGM will be on the 28th November. The nominating committee has now been formed with Jon Breisch, Lesley Zuccaro, Ralph Zuccaro, Warren Fricke & Michael Ellinger. All members have been asked to attend the AGM.

Apologies = John Goldspink, Tom Portelli, Craig Merson, Katherine Merson, Reddy Kandadi, Heather Norling, Bill Sides, Dianne Sides & Bronwen Lamond.

Make Ups = Jim & Jean Cochrane (Foodbank), Bill & Dianne Sides (Monash Farmers Market) & Glenys Pattison (Kingston Centre).

Leave of Absence = None.

Visitors = Andrew Leung, Seng, Kim & Susie (Susanne).

Think Foundation Thoughts

November: Rotary Foundation Month

This week's Foundation Thought is about ...

Supporting the Foundation. —The Foundation belongs to us all. It is our greatest resource for doing good, and it is our responsibility to maintain its strength. I hope every Rotarian will join us by making a contribution to support the Foundation's programs this year. — *2004-05 RI President Glenn E. Estess Sr.*

100 Year Anniversary of the Kingston Centre

On Sunday 23rd October, I attended the 100 year anniversary of the Kingston Centre in Cheltenham. The afternoon commenced with a small Church Service in the Chapel which is used each Sunday by three different Churches on rota allowing residents and those in Rehabilitation to follow their faith while in care.

Tours of the Heritage Protected building were given followed by High Tea in the Concert Hall which is also Heritage protected. The buildings have all undergone amazing restoration. High Tea was set out beautifully on tables with linen cloths, the tea consisting of club sandwiches and also a three tiered cake stand with scones, jam and cream, biscuits and cakes. Coffee was served in plungers and tea in silver teapots.

It was fun to share the High Tea with the workers. There was one who now works as a porter, he commenced working at 15 years of age when he arrived from overseas with his family and has now been employed 45 years continually by the Kingston Centre.

The Kingston Centre is a 315 bed facility specialising in rehabilitation and function restoration for adults of all ages as well as providing aged residential care and aged mental health services. The care is holistic in approach and is designed to assist the person to attain an optimal level of independence, prior to discharge home or to appropriate accommodation.

Serving residents of the municipalities of Bayside, Monash, Kingston, Greater Dandenong, Casey and Cardinia, it provides:

- A range of specialist health care and support services to older people, many of whom have complex needs including
 - Aged Care Assessment
 - cognitive dementia and memory services
 - a Falls and Balance Clinic
 - Continence service.
- highly regarded rehabilitation programs with the focuses on restoring function after illness or injury
- the full range of allied health services for adults of all ages

Special Announcements

8th November – John Goldspink Birthday.

8th November – Katherine Merson Birthday.

9th November – John Barnes Birthday.

24th November – Sue Ah-Tye Birthday.

- Pain Clinic
- Clinical Gait Analysis

The people there are at the forefront of research into movement and gait disorders, aged mental health and geriatric medicine.

This year is one of the most important in the history of the Kingston Centre as it is one hundred years since the centre welcomed its first residents.

In 1911 a group of elderly and bed-ridden patients took the long journey from the out-dated Benevolent Asylum in North Melbourne to their newly built home which is now known as the Kingston Centre. It was considered that transferring the asylum to Cheltenham would provide health benefits by way of exposure to the sea air as a result of the new proximity to Mordialloc Beach.

James Hingston who was a member of the Melbourne Benevolent Asylums original Board of Management became the largest benefactor of the construction of a new asylum, he donated \$24,000 which in today's relativity would amount to approximately \$5,000,000.

In Cheltenham the Benevolent Society started life as a kind of village unto itself that offered a home and refuge for the homeless. The establishment of a market garden, poultry yard and piggery in the 1920's enabled it to become self sufficient. By 1924 the asylum had broadened its provision of care by becoming a Hospital for the Aged and Infirm. Over the years it has changed its name several times and is now known as the Kingston Centre under Southern Health. For the building of the Kingston Centre, a special tram service was built from Cheltenham Station to the Centre for the transport of workers and builders.

Transport from North Melbourne to Cheltenham was in horse drawn furniture removable carts and the journey took three hours and most people were bed ridden.

Currently the Kingston Centre is undergoing a \$46.3 million capital and infrastructure project including a new 64 sub-acute unit, rehabilitation patient therapy areas and hydrotherapy pool.

Glenys Pattison

John Monash Science School Interact Club Update

This is to confirm the details of the charter ceremony of the above Interact Club sponsored by the Rotary Club of Clayton are as follows:

Thursday 1st December 2011

Commencing 6.00pm

**John Monash Science School
Wellington Road Clayton**

Melway 70 F10

(This is a new school in the S/W corner of the University grounds and entry is off Wellington Rd just east of Princes Highway)

The 67 potential Interactors would be very pleased if you would join them together with their parents, some of the School community and members of our Club to celebrate this important occasion.

Monash Farmers Market Photos



Important Club Dates

Saturday 26/11/11 – Monash Farmers Market. See Craig or Katherine Merson for details and if you wish to be put on the roster.

Sunday 27/11/11 – Synchrotron Open Day BBQ & Car Parking. See Bill Sides for details and if you wish to support and help.

Monday 28/11/11 – Club AGM meeting.

Thursday 01/12/11 – Interact Club of John Monash Science School Charter Night. Commencing 6:00 pm at the John Monash Science School.

Sunday 11/12/11 – BBQ at Bunning's Oakleigh South, 1126 Centre Road. See Bronwen Lamond if you wish to be put on the roster.

Saturday 21/04/12 & Sunday 22/04/12 – 9810 District Rotary Conference.

District 9810 News

SAT 19 NOV

District 9810 Rotaract Re-Union

7pm - 1am

Knox Indoor Sports Centre

108 Lewis Road

Wantirna South

Inviting former and current Rotaractors of any vintage!

Cover charge of \$15 includes nibbles. Drinks available at the bar.

Bring along your Rotaract memorabilia.

RSVP to:

James McCallum on 0439 651 492 or email
james.mccallum@atmsalesandinvestment.com.au

Jo Perrin (nee Berry) on 0412 686 158 or email
jo_perrin@bigpond.com

GSE Visitors from Texas

Home Hosting Vacancies



Most accommodation facilities around the country are presently lighting up the VACANCY signs and offering discounts to get travellers to stay in their establishments.

It's not dissimilar in District 9810. We have visitors from Texas arriving on the 24th March 2012 and at this stage we are asking Rotarians to dust off their VACANCY signs and hang them out to the GSE Home Hosting coordinator Andrew Brownlie. At this stage of preparing to receive the team we are only 70% full so we are still looking for home hosters. Thankfully we don't need to offer discount rates to have the visitors stop off

In particular I need another

- 2 Home Hosters in week 1 – Southern Region Cluster, 24/03/12 > 31/03/12;
- 4 Home Hosters in week 2 – Central Region Cluster, 31/03/12 > 06/04/12 and
- 2 Home Hosters in week 4 – Northern Region Cluster, 14/04/12 > 23/04/12.

We know the incoming team consists of a 65 year old female team leader, 2 female members, 28 & 36 years of age and 2 males 30 & 38 years of age so they should fit in well with Home Hosters. Their occupations include an Interior Designer, Adjunct Professor of Social Work, Outreach and Development program coordinator and Information and Referral Coordinators in social programs. Finally we have a Police Sergeant doubling as a Jail Warden.

It's not too late to submit your applications to roo48@aapt.net.au and I look forward to the flood of further applications.

Regards
Andrew Brownlie

Rotaract Club of Monash

Club Meeting Details:

The Club meets on the 1st and 3rd Wednesday of the Month at 7:30pm
Mulgrave Neighbourhood House
36 – 42 Mackie Road, Mulgrave
(Melways 80C3)

Upcoming Rotaract Events:

Relay for Life

Time: Saturday, November 12 at 12:00pm - November 13 at 12:00pm

Where: Haganeurs Reserve, Box Hill

Rotaract Roster:

| Date | Rotarian to Visit |
|---------------------------|-------------------|
| 16 th November | Michael Ellinger |
| 1 st December | Warren Fricke |

If you cannot attend on the night you are rostered, please organise a replacement to take your place.

Upcoming Events in Monash

FREE Recycling facility tours

Through effective recovery & recycling sorting processes, Visy Recycling and City of Monash are diverting approximately 1400 tonnes of recyclables from landfill every month.

Register your interest to join one of our **2 tours of Visy Recycling's Sorting Facility in Heidelberg and Clayton Landfill.**

Learn more about our landfills as well as the recycling sorting process of each type of material before they are reprocessed into new products. Transportation to and from Central Reserve (cnr Waverley and Springvale Rds) and light refreshments will be provided on all tours. Please book in early as there is a very limited number of seats available. These tours are brought to you by Visy Recycling and City of Monash as part of National Recycling Week 2011.

Tour times:

- Tuesday 8th, November 2011
9.00am - 1.30pm
- Thursday 10th, November 2011
9.00am - 1.30pm

Register your booking phone Hayley on 9302 6761 or email hayley.jarvis@visy.com.au.

Upcoming Events in Kingston

Clayton Community Night

Saturday, 12 November 2011
5:30 PM - 8:30 PM

Do not miss the Community evening at the Clayton Community Centre, Cooke St, Clayton on Saturday 12 November. The evening will be a showcase of Indian culture and a chance for the local community to experience the sights and sounds of India. Come along and enjoy dance, craft, food, storytelling, music and film.

The event runs from 5.30-8.30pm and all are welcome. For more information and to register for the evening please call 9541 3130

LOCATION: Clayton Community Centre, Cooke St, Clayton

CONTACT NAME: Colin Bostock **PHONE:** 9541 3136

EMAIL: colinb@monash.vic.gov.au

WEB:

http://www.kingston.vic.gov.au/Files/Clayton_and_Clarinda_Community_Night-12_Nov_2011.pdf

Where other Clubs Meet

A Rotarian can attend the weekly meeting of any Rotary club around the world. This is a "make-up" and counts as attendance credit when you are not able to attend a meeting of your own club.

Details for all District 9810 clubs can be obtained in the district directory or website www.rotary9810.org. Details for clubs around the world are available in the RI Directory (held by the club secretary) and on the RI website (www.rotary.org)

Reminders

Please ensure that the club is aware if you will be missing a meeting. Contact **Ralph Zuccaro** on **0408 991 741 by 4 pm** on the **day of the meeting**, if you are not going to be present.

Contributions for inclusion into the Bulletin should be passed to michaele@netspace.net.au by Thursday evening of each week.

Please remember if you cannot perform your rostered job, it is your duty to find a replacement to take your place.

Joke of the Week

A pirate walked into a bar and the bartender said, "Hey, I haven't seen you in a while. What happened? You look terrible." "What do you mean?" said the pirate, "I feel fine."

Bartender: "What about the wooden leg? You didn't have that before."
Pirate: "Well, we were in a battle and I got hit with a cannon ball, but I'm fine now."

Bartender: "Well, okay, but what about that hook? What happened to your hand?"
Pirate: "We were in another battle. I boarded a ship and got into a sword fight. My hand was cut off. I got fitted with a hook. I'm fine, really."

Bartender: "What about that eye patch?"
Pirate: "Oh, one day we were at sea and a flock of birds flew over. "I looked up and one of them pooped in my eye."

"You're kidding," said the bartender, "you can't lose an eye just from bird poop."
Pirate: "Well, it was my first day with the hook . . ."



Rotary International News

Rotary celebrates World Interact Week

By Ryan Hyland
Rotary International News -- 1 November 2011

During World Interact Week, 31 October-6 November, [Interactors](#) and Rotarians worldwide commemorate the charter of the first Interact club in 1962.

To mark this occasion Interact clubs are encouraged to participate in joint projects with their sponsor clubs. Rotarians can celebrate by including Interactors in their weekly meetings, or inviting an Interactor as a guest speaker.

"Interactors should be celebrating this week by getting together to review their accomplishments over the past year," says Martin H.F. Bridge, chair of the RI Rotaract/Interact Committee and member of the Rotary Club of South Holland, England. "It is a great time to reflect on the vision of those who started the program nearly 50 years ago."

The success of Interact is crucial for the future of Rotary, says Bridge. "Interactors will, in time, understand all about Rotary, and should make good future Rotarians."

In turn, reaching out to Interactors "keeps Rotarians young at heart" and provides insight into the thoughts and concerns of younger generations, he added.

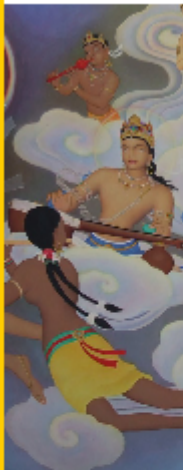
Bridge says communication between Rotarians and Interactors is important. Interactors should take every opportunity to meet with Rotarians in both their sponsoring club and neighboring clubs.

Here's a roundup of recent Interact service projects, in honor of World Interact Week:

- The Rotary Club of Bhavani Koodal, Tamil Nadu, India, sponsors the Interact Club of Government Deaf School, which plans to conduct fundraising and service projects to help people with hearing impairments.
- The Interact Club of Webster Thomas High School, New York, USA, collected and delivered 34 boxes of clothing, shoes, and sporting goods -- each weighing 50 pounds -- to orphans in the Dominican Republic. The airline JetBlue waived the baggage fees for the students, who were traveling to the country to help run a summer camp at the orphanage.
- Members of the Interact Club of Juneau-Douglas High School, Alaska, USA, camped outside in cardboard shanties they had made to raise money and build awareness of homeless students in their school district. The group raised more than \$1,500, which benefited a food pantry and a local homeless charity.



Rotarian P. Madheswaran installs Interactor M. Saravanan as president of the Interact Club of Government Deaf School, Tamil Nadu, India, during a charter ceremony in August. *Photo courtesy of The Rotary Club of Bhavani Koodal*



You are invited to come along to the
CLAYTON
COMMUNITY NIGHT
 at the Clayton Community Centre
 9-15 Cooke Street Clayton

SATURDAY 12 NOVEMBER



Join with other members of our community
 for a Celebration of Indian Culture

5:30pm—7:00pm INDIAN FOOD

\$4 a plate, small snacks also available

6.30pm FREE FILM: BRIDE & PREJUDICE

5.30 - 7.30pm COME & TRY: BOLLYWOOD DANCING

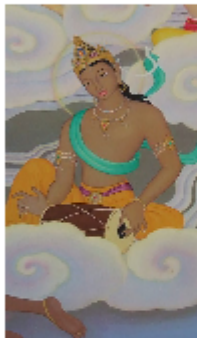
5.30 - 8pm CHILDRENS' STORY TIME & ACTIVITY

IN THE LIBRARY

HENNA HAND PAINTING

COME & BUY: Indian craft wares

To let us know you are coming along
 or for more information
 contact Colin Bostock
 Strengthening Clayton & Clarinda Project
 Ph: 9541 3136 email: colinb@monash.vic.gov.au



Catering sponsored by:
ANSHUMANN DA DHABA
 Indian Restaurant & Take Away
 290 Clayton Road, Clayton
 Tel: 9543 1068

NEXT COMMUNITY EVENT TO BE
 HELD IN MARCH 2012

