



# ROTARY CLUB of CLAYTON Inc.

District 9810 Victoria, Australia

## Weekly Bulletin 2010-2011

Meets every Monday from 6:30pm at L'unico Restaurant  
319 Clayton Road, Clayton (Melways 79C2)  
(No meeting on public holidays)



4<sup>th</sup> October 2010

Volume 45, Number 14

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### Upcoming Club Program

Date	Speaker	Chairperson	Desk	Visitors
4 <sup>th</sup> October	John Barnes - Nong Naw School	Jean Cochrane	Jim Cochrane	Michael Ellinger
11 <sup>th</sup> October	Kristine Ash - Executive Officer of the Coeliac Research Fund	Jim Cochrane	Michael Ellinger	Warren Fricke
18 <sup>th</sup> October	TBA	Michael Ellinger	Warren Fricke	John Goldspink

### Last Meeting & Notes

#### Last Meeting (27/09):

This week our Guest Speaker was Dawn Ellis who works for the Monash Council and spoke about the Monash Council Aged Residential Care Transition. Dawn helps to coordinate all elderly services eg Meals on Wheels, checking if the homes are safe for residence returning home from hospital etc.

The City of Monash Residential Care Services are committed to enhancing the quality of life of its residents by the provision of care based on the principles of equity, value, personal dignity, privacy, safety and responsiveness.

Dawn said that it is good for the aged to stay at home, but not necessarily on their own, but with help and services provided is always preferred. The council aged units and other independent units are well supported, with residences taken shopping and to other activities. Dawn also told the club that you hear some unbalanced reports of problems with aged care, but for every bad story there are many good stories. Aged care rights have improved over the years and the aged are supported, respected and provided for well in the community.

The City of Monash operates two aged care facilities caring for both high and low residents and independent living units in Burwood (Elizabeth Gardens) and Mulgrave (Monash Gardens Village). Services offered at these two facilities include:

- Massage and Aromatherapy
- Podiatry

## Rotary Four Way Test

"Of the things we think, say or do:

1. Is it the Truth?
2. Is it Fair to all concerned?
3. Will it build goodwill and better friendships?
4. Will it be beneficial to all concerned?"

- Physiotherapy
- Occupational Therapy
- Diversional Therapy
- Social Worker and
- Access to other Allied Health Professionals.

The City of Monash has Independent Living Units at both Elizabeth Gardens and Monash Gardens. The Independent Living Units are modern in their design and situated in peaceful, safe surrounds with a village like atmosphere. These Independent Living Units are independent from the aged care facility and residents are eligible for council community services. Independent Living Unit residents are means tested for a licence fee and are charged a monthly service fee. This fee covers general maintenance, street lighting, rates and gardening.

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### Meeting Notes:

- Jim & Jean thanked and said some kind words about the club for presenting them with their second sapphires.

**Apologies** = Warren Fricke, Michael Ellinger, John Goldspink, Lesley Zuccaro, Bill Sides, Dianne Sides, Richard Simmons & Rukshana Verzijl.

**Make Ups** = None.

**Leave of Absence** = None.

**Visitors** = Bronwen Lamond guest of Heather Norling, Rose & Chris Koutoumas guests of John Barnes & Dawn Ellis (Guest Speaker).

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## Rotary Classification Opened

If anybody knows someone suitable to be invited to join Rotary and they fall under the following two classifications, "**Primary Education Administration**" or "**Real Estate Property Management**", can you please contact and inform Secretary Ralph Zuccaro.

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## Think Foundation Thoughts

**October: Vocational Service Month • World Polio Day, 23 October**

*This week's Foundation Thought is about ...*

**Alumni.** Former Ambassadorial Scholar Alex Buchanan says that knowing he has helped nourish millions of children in developing countries gives him — a pretty good feeling. A food technologist and member of the Rotary Club of Melbourne, Australia, the 75-year-old Buchanan created the high-protein Australian milk biscuit and the high-energy biscuit, which are staples of his country's international food aid. For this and many other accomplishments, The Rotary Foundation presented Buchanan with the Global Alumni Service to Humanity Award.

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## Important Club Dates

**Sunday 10/10/10** – Social morning and picnic lunch with some tree planting along with friends of Heatherton Park and Kingston Council at Heatherton Park. Time is 10:30 am to 12:30 pm. For more details contact Bill Sides.

## THE OBJECT OF ROTARY

1. The development of acquaintance as an opportunity for service;
2. High ethical standards in business and professions; the recognition of the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society;
3. The application of the ideal of service in each Rotarian's personal, business, and community life;
4. The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

**Wednesday 20/10/10** – Board meeting at the home of Bill & Dianne Sides starting at 6:30 pm.

**Thursday 28/10/10** – 25<sup>th</sup> Anniversary for the Rotary Club of Huntingdale (see attached flyer).

**Thursday 07/04/11 to Saturday 09/04/11** – 2011 District 9810 Conference.

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## District 9810 News

### District Simplified Grants Program 2010

Did you know that \$20,000 of Foundation funds are available to expand your club's project for local projects, through District Simplified Grants?

DG David Alexander has identified that Drugs & Alcohol, Mental Health and Disability Programs are the preferred areas for DSG projects, targeting adolescents and young adults.

So your project might address education and training opportunities, mental health forums, support for less able groups to utilise community facilities, the purchase of equipment and specialised aids, or development programs for carers, youth leaders and workers, in these fields. There must be many other opportunities as well.

Presidents were circulated with information and the DSG Application Form at the August Presidents' Meeting, and this gives you all the detail for your application.

***Please note that the District website has not been able to be updated yet with this year's detail, so what is there is out of date. Applications close on October 15*** and grants will be announced at the Foundation Seminar on 22 October.

Further information can be obtained from PDG Denis Hyland at [dch@netspace.net.au](mailto:dch@netspace.net.au) or Graham Richardson at [gmrichardson@bigpond.com](mailto:gmrichardson@bigpond.com)

#### **SPEAKING OF GRANTS ...**

There are a number of Matching Grant projects that clubs may pick up, and where some initial contacts have been made. These all look to be interesting projects and will allow you and your club to work actively under the year's Rotary theme, 'Building Communities, Bridging Continents.' The projects include:

- Providing Equipment for a School in Cambodia
- Equipping a Physics Laboratory in a College in India
- A Micro Credit Project in Sri Lanka
- Help Provide Two Dialysis Machines in Zambia
- Replace Kerosene Lamps with Solar Lighting, in India

Further information on these projects can be obtained from Graham Richardson at [gmrichardson@bigpond.com](mailto:gmrichardson@bigpond.com)

**5<sup>th</sup> October – Gaye  
Barnes Birthday.**

**8<sup>th</sup> October – Craig &  
Katherine Merson  
Wedding Anniversary**

## Keeping Rotarians as Rotarians

**Article prepared by PDG Noel Trevaskis  
Assistant Rotary Coordinator, Chairman Australian Rotary Health.**

Many Clubs induct new members and then let the member find their own way in Rotary and the club. Rotarians new to Rotary need support and guidance if we want to keep them in Rotary. One of the most important roles a Rotarian can take on is the role of a mentor for a Rotarian new to Rotary.

The role of the Mentor has been one that has been overlooked by a lot of Clubs. After the induction of a Member the role of the Mentor involves three areas to ensure that the Member continues to enjoy Rotary and is able to realise their full potential as a Rotarian.

- Education
- Involvement
- Retention.

Consider using a number of different Mentors to mentor Members during the first few weeks so that one person doesn't get locked in with the one Member. This also means that the Member gets to know different Members through the mentoring process. Following are suggestions that the Mentor could do to help orientate the Member, Clubs should develop their own mentoring programme with a check list of activities to be completed by the Mentor and the Member.

### **Suggested essential Mentor tasks:**

- Introduce them to the RI website and take them on a tour of the site.
- Show them the e-learning centre on the RI website
- Meet monthly with the Member and review how they are coping within the Club.
- Offer suggestions and the opportunity to participate in Club activities and programmes.
- Offer encouragement and advice.
- Find the most suitable committee for them.
- Encourage and support their accomplishments.
- Wherever possible involve their family in Club activities.
- Talk to them about Rotary beyond the Club; beyond District.
- Facilitate opportunities for the Member to perform tasks within the Club.
- See that the Member does meet and interacts with other Members.
- Show the Member how to welcome at a Club meeting or assist with attendance.
- Attend another Club meeting with the Member.
- Explain how to make up a missed meeting.
- Show the usefulness of the District Directory and other tools.
- Arrange and assist the new Member to give a three minute presentation to the Club on a Rotary project or programme.

### **Other suggested Mentor tasks to encourage the Member to be involved:**

- Attend Member Orientation meeting.
- Serve as Chairman at a Club meeting.
- Serve on Welcome at Club meetings at least three times.
- Host Rotarians for a Vocational visit at workplace.
- Object of Rotary and Four Way Test displayed at place of work.
- Learn the Four Way Test.
- Visit two other Rotary Clubs within the first three months of membership.
- Present a classification or Interest talk to Club.
- Attend a Board meeting.
- Participate in one hands on project in the first two months of membership.
- Have 100% attendance for a specified month.
- Attend a District function.

- Arrange for a long term Member of the Club to ask the Member and their partner to dinner.

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## Rotaract Club of Monash

### Club Meeting Details:

The Club meets on the 1st and 3rd Wednesday of the Month at 7:30pm  
Mulgrave Neighbourhood House  
36 – 42 Mackie Road, Mulgrave  
(Melways 80C3)

### Upcoming Rotaract Events:

- 9<sup>th</sup> October – Oktoberfest at the Cuckoo Restaurant.
- 30<sup>th</sup> October – Halloween Party at a venue TBA.
- 13<sup>th</sup> & 14<sup>th</sup> November – Relay For Life at the Bill Sewart Athletics Track, East Burwood Reserve.

### Rotaract Roster:

Date	Rotarian to Visit
6 <sup>th</sup> October	Jim & Jean Cochrane
20 <sup>th</sup> October	Richard Simmons

***If you cannot attend on the night you are rostered, please organise a replacement to take your place.***

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## Upcoming Events in Monash

### Activation! (Ashwood Chadstone Family Fun Day)

**Sunday 10 October 2010**

11am - 3pm

Power Avenue, Holmesglen Reserve,  
Chadstone

A new name and a new home for 2010 will revitalise the Ashwood Chadstone Family Fun Day. Activation! will be a day to come together with your neighbours and community for entertainment and fun activities.

**FREE WORKSHOPS** are running ALL DAY in the WORKSHOP MARQUEE at ACTIVATION!

### Main Stage Program:

- Monash Concert Band 11:00am - 11:30am
- Ceres Calisthenics 11:45am - 11:55am
- Official Speeches 11:56am - 12:01pm
- Capoeira 12:02pm - 12:12pm
- Capoeira 12:12pm - 12:32pm
- The Quarters 12:42pm - 12:57pm
- Anna's Go Go Dancing 1:07pm - 1:37pm

- Lexi and Tash 1:39pm - 1:49pm
- Deanne Fordham Dance School 1:51pm - 2:01pm
- Bollywood Performers to Stage 2:01pm - 2:03pm
- The Frantics - Finale 2:16pm - 3:00pm

**Print version:** Activation! PROGRAM (PDF version, 34 KB)

## Upcoming Events in Kingston

### Bikes & Kites Festival

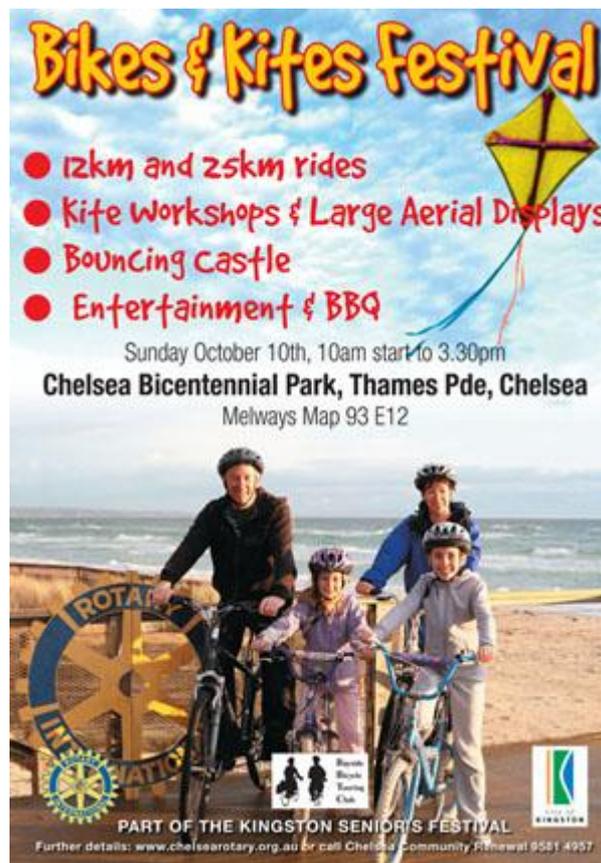
**Sunday, 10 October 2010**

**10:00 AM - 3:30 PM**

- 12km and 25km Rides
- Kite Workshops & Large Aerial Displays
- Bouncing Castle
- Entertainment & BBQ

**LOCATION:** Bicentennial Park, Chelsea (Mel: 93 E12)

**WEB:** <http://www.chelsearotary.org.au>



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## Where other Clubs Meet

A Rotarian can attend the weekly meeting of any Rotary club around the world. This is a "make-up" and counts as attendance credit when you are not able to attend a meeting of your own club.

Details for all District 9810 clubs can be obtained in the district directory or website [www.rotary9810.org](http://www.rotary9810.org). Details for clubs around the world are available in the RI Directory (held by the club secretary) and on the RI website ([www.rotary.org](http://www.rotary.org))

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## Reminders

Please ensure that the club is aware if you will be missing a meeting. Contact **Ralph Zuccaro** on **0408 991 741 by 4 pm** on the **day of the meeting**, if you are not going to be present.

Contributions for inclusion into the Bulletin should be passed to [michaele@netspace.net.au](mailto:michaele@netspace.net.au) by Thursday evening of each week.

**Please remember if you cannot perform your rostered job, it is your duty to find a replacement to take your place.**

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## Joke of the Week

A dietician was addressing a large audience at a seminar. He said that red meats were awful, who knew how many germs there were in drinking water and soft drinks eroded the stomach lining.

Then he thundered: "But there is one thing that is the most dangerous of all and most of us eat it. Can anyone here tell me what food causes the most grief and suffering for years after eating it?"

There was silence from the audience and then a little old man put up his hand. "Wedding cake?" he said.

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## Rotary International News

### A road trip to remember

By Arnold R. Grahl  
Rotary International News -- 27 September 2010

Rotarian Joanne Pistorius found a stylish way to travel to the 2010 RI Convention in Montréal, Québec, Canada, in June.

Pistorius, a member of the Rotary Club of Tampa Hyde Park, Florida, USA, and her husband, Brando, drove their vintage 1930 Packard from Tampa to Montréal as part of a three-week, 4,000-mile round-trip journey in late June and early July.



Joanne and Brando Pistorius at the outset of their round-trip journey from Tampa, Florida, to the 2010 RI Convention in Montréal, Québec, Canada in their 1930 Packard. *Photo courtesy Joanne Pistorius*

"So many people we met did not know what Rotary International does, and we were able to share that with them," says Pistorius, president of the [North American chapter of the Antique, Classic, and Historic Automobile World Fellowship of Rotarians](#). "It was an exceptional PR opportunity and a chance to stop off at Rotary clubs along the way for a meal and a make-up, and to talk about the fellowship.

"We met some of the friendliest people on earth and saw the most beautiful parts of America," she adds. "The great thing about doing a Rotary make-up is you are treated like royalty wherever you go."

Pistorius's husband has been fixing up antique cars since his youth in South Africa. After the couple met and married in Tampa 10 years ago, they started their own real estate company and traveled extensively to antique car shows as a hobby. When the real estate market went soft, the couple turned Brando's habit of buying, restoring, and selling a "project" car each year into a more substantial income generator.

A couple of years ago, Pistorius discovered the automobile fellowship and was recruited to reorganize the North American chapter. She dreamed up the idea of driving the Packard to the convention to promote Rotary and the fellowship.

### **Rotary club visits**

"Some of our antique car friends thought the idea was crazy," Pistorius notes. "But cars are meant to be driven. This car drove so fantastically for an older car. There's a reason it was the car of choice for Al Capone."

The summer heat, which exceeded 100 degrees in Florida, proved a major challenge. The couple rigged up frozen water bottles and a small fan blowing across an ice chest for relief. "It looks like a prototype air conditioner from the Flintstones," Pistorius wrote in a [blog](#) about the trip.

The couple stopped at seven Rotary clubs in all: the Rotary clubs of Hilton Head Island, Hilton Head Island-Van Landingham, and Georgetown, South Carolina; Princess Anne at Town Center (Virginia Beach), Virginia; Camden-Wyoming and Smyrna-Clayton, Delaware; and Middleburgh, New York. Press releases were sent out to local media, generating publicity for the clubs.

In Montréal, Pistorius helped at the fellowship's booth and attended several events. The car was a showstopper. "It got a lot of attention," she recalls. "Afterward, we would hear from people who said, 'I took this picture of this great car at the convention,' and it would be our Packard."

On their return trip, the couple attended the Antique Automobile Club of America's show in Louisville, Kentucky. A chance encounter with the club's president in Virginia Beach had earned them an invitation. "We did a lot of PR for Rotary at the car show too," Pistorius says.

The North American chapter is planning to have members from all over the United States drive their cars to the [2011 RI Convention in New Orleans, Louisiana](#). Pistorius says there are also tentative plans to have an antique car be part of the fellowship's booth.



# The Rotary Club of Huntingdale

The President of the Rotary Club of Huntingdale formally requests the company of all past and present members, Rotary friends and partners at a Dinner to celebrate the 25<sup>th</sup> anniversary of the Club's formation, which occurred on the 4<sup>th</sup> of October, 1985.

Friends, family and other guests are welcome.

**Where:** Huntingdale Golf Club,  
Windsor Avenue, South Oakleigh.

**When:** Thursday 28<sup>th</sup> of October 2010, commencing at 7.00 pm

**Cost:** \$35.00 per person (includes table wines)  
Drinks at bar prices

**Dress:** Lounge Suit / Smart-casual (no denim)

**RSVP:** Before 19<sup>th</sup> October, please.  
David Whiting (Club Secretary)  
PO Box 1094 Huntingdale Vic 3166  
M: 0418-554-287  
E: david\_whiting@bigpond.com

Rotary: Building Communities, Bridging Continents